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Catch up with the Wartburg Cross Country team on page 8

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Liquor violations increase

CAITLIN HARBACH *ASST. NEWS EDITOR*
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According to Wartburg's Annual Campus Security and Fire Safety Report, drug and liquor violations increased by 50 percent from the 2010 to the 2012 calendar year.

According to the report, the college had 271 combined liquor referrals and arrests in 2012. Of that total, one was a liquor arrest and 270 were liquor referrals.

John Myers, campus security director, said part of the reason for the increase is the incidents tend to occur in large group settings.

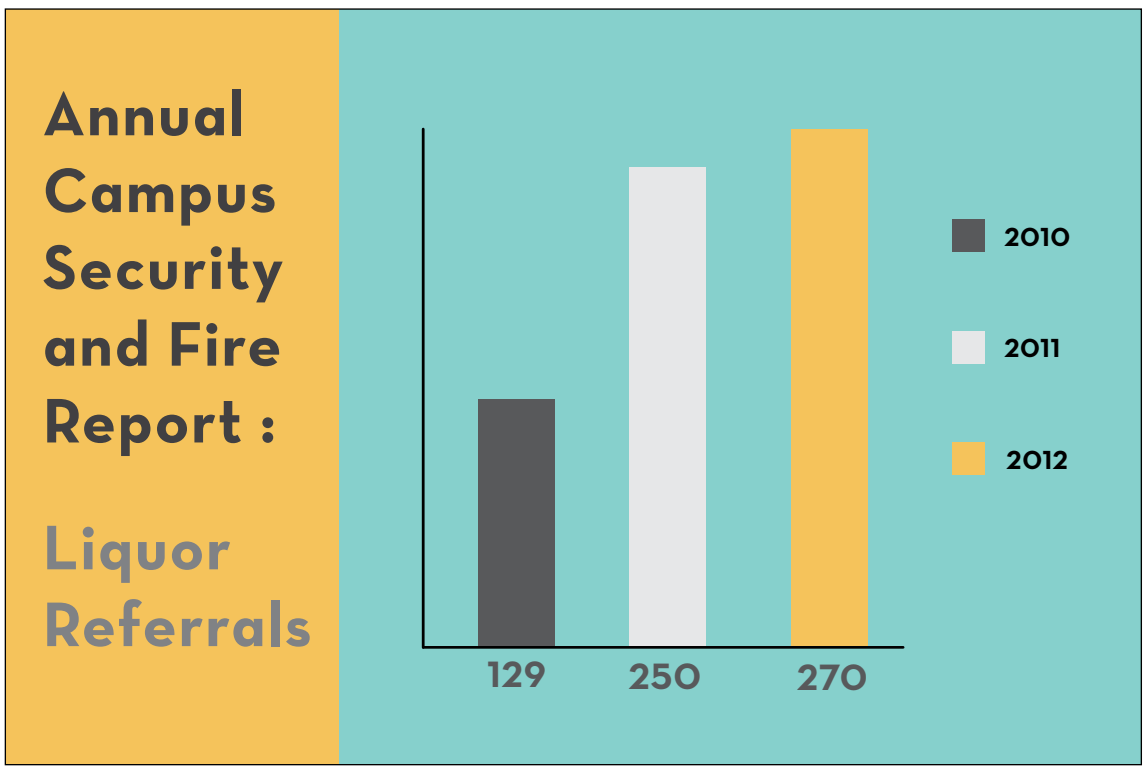
"It varies from year to year," Myers said. "You can have one party with a lot of [people] underage. In 2012, we had one or two parties that had about between 20 and 30 people that were identified and were under 21. It could be one party but the numbers are higher."

The combined totals refer to occurrences in both residence halls and other locations on campus.

Residential Life Director, Wesley Brooks, said the alcohol consumption at Wartburg doesn't concern him.

"Many of them could very well have been of age students who were in violation," Brooks said.

"That number is so small that I think we have a responsible drinking community on our campus."



— Graphic by Sibusiso Kunene

Myers said an arrest means a police officer arrests someone for an alcohol or drug related crime. A referral means the college takes administrative actions against a student.

The two incidents can be combined but not counted as double.

Additionally, there were 19 total drug arrest and referrals. In all the drug cases, marijuana was involved.

In this combined total, 11 were drug arrests while eight of them involved drug referrals. This number is up from the seven combined drug arrest and referrals in 2011.

So far in 2013, there have been three liquor arrests and 134 referrals.

Of those arrests, one was not a student. There have been no drug referrals or arrests.

Although the numbers increased, Brooks said Wartburg isn't the only school with liquor and drug use on the rise.

"The national trend is that additional marijuana use is occurring as early as junior high students," Brooks said.

"So obviously that trend is carrying out through high school and certainly into college."

To see the full report, go to www.wartburgcircuit.org.

Close call for Wartburg alumnus

2003 graduate almost caught in Kenya mall terrorist attack

Scott Bell (second from right) and his wife Chris visited their son Jason Bell (far left), a 2003 Wartburg alumnus, in Kenya this past June. They traveled to a Maasai village in Nairobi. —**Submitted photo**

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When Scott Bell and his wife Chris decided to visit their son in Nairobi, Kenya in June, they never knew the mall they shopped in would turn into the scene of a terrorist attack their son narrowly escaped.

"We knew he spent a great deal of time in that mall and in the Westgate neighborhood," Scott said. "I was pretty scared actually and just hoping he wasn't there."

A 2003 Wartburg alumnus, Jason Bell traveled to Nairobi the week of the Westgate Mall shooting while on break from his job in Ethiopia. The day before the shooting, Bell visited the mall with some friends.

On Sept. 21, Bell then left Nairobi for the east coast that morning before al-Shabab terrorists attacked the mall and killed nearly 60 people while holding hostages.

His father said two of Bell's close friends were inside the mall at the time of the shooting but survived.

"When I called him, he was actually with a young Kenyan woman whose uncle was killed in the attack," Scott said. "It was all pretty alarming. But once I reached him, I was relieved."

Jason Bell graduated from Wartburg College with majors in political science and international studies. He later received his M. A. from DePaul University where his refugee work began.

He worked at an internship with the U.N. High Commissioner for Refugees. He later spent six months in Nairobi helping people from nearby countries.

After visiting his son in Kenya, Scott Bell said it hurt him to see something important in his son's life tarnished.

"Part of the reason we went there was to see Jason's environment. He's been there for a long time and wants to continue his work there," Scott Bell said. "I'm really saddened to see the footage from this and understand what everybody is going through. Really, the Kenyan people are just very, very sweet, nice, and engaging people."

Jason Bell is currently in Ethiopia working again but plans to return to Kenya in the future.

Although Scott is proud of his son's refugee work, the concern for his son's safety always stays in the back of his mind.

"What he tells us is that he always feels safe and that feels fine," Scott Bell said. "He knows that we would love to have him back here but as parents, you want your kids to do the things they want to do."

High stress, little sleep causes health problems

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Extreme stress levels are common in most students, which may lead to unhealthy consequences Megan McMillin, a physician assistant at Noah Campus Health Clinic, said.

Students have trouble with stress because of too many classes or having a lot of homework, McMillin said. Courtney Geibert, a student, said she stresses because of her busy schedule.

"For me this semester, my homework load is not bad. But I know when I did capstone or when I've done tougher classes, the stress starts to kick in," Geibert said.

A student who feels stressed will stop eating and may end up ill, McMillin said. Sleep is very important especially when a student is under constant stress, she said.

McMillin said she sees many cases of stress among students.

She said the initiative that she takes with those students is to send them to counseling or to give them medicine depending on how serious the problem is.

"Stress can lead people to anxiety problems and depression issues which, of course, are separate problems that need to be dealt with," McMillin said.

Counselors every year help students with stress, Molly Wertz, a campus mental health counselor, said.

"We hear students say a lot, 'Well I don't want to talk to my friends because my friends are all going through the same thing and they don't want to listen to me,'" Wertz said.

Talking to someone is the best way to make the problem go away and it really helps out the students, Wertz said.

Last year the counselors had 306 students meet with them and most were due to stress, Wertz said.

She said learning how to manage stress levels in your daily life is important.

"Take time for yourself and do something fun," Wertz said. "Free times are filled with 'time-wasters', such as Facebook," Wertz said.

"We want students to use those as a reward from studying rather than avoid what needs to get done," she said.

Stress is a problem that harms people more than they realize, said McMillin.

"If people are struggling, or people you know are struggling with stress. I think it's important for them to seek out help. There are things we can do to help so it doesn't become a long-term or even a severe problem," said McMillin.

Mensa meal time division

Special football meals in Mensa have students crying foul

From left, Jake Walls and Chris Brinkmeyer are some of the many Wartburg football players who eat special Saturday morning breakfasts before home games. — **Karina Devine**/*TRUMPET*

KARINA DEVINE *STAFF WRITER*
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Football players receive their own lines for breakfast in the Mensa before their home games.

Some students are questioning the separate breakfast food line designated for the football players

"It makes other students feel like they don't contribute enough to the Wartburg community," fourth-year student Courtney Geibert said.

Only football players are allowed to get food from these lines when there is a home game.

The food served is different from that in the other lines.

While most students have the choice of omelets or waffles, football players may also choose bacon, potatoes and other hot food items.

Geibert was unhappy about this set up.

"It would have been really nice to have some meat to sustain me throughout the day. But I didn't have that opportunity because I wasn't a football player."

—Courtney Geibert

"Last Saturday I worked 12 hours and when I went to eat in the morning, it would have been really nice to have some meat to sustain me throughout the day," Geibert said.

"But I didn't have that opportunity because I wasn't a football player."

The football team pays extra for this meal out of their own budget.

However, the exact price difference was not available.

"The main two points are that it's something we're paying for through the football program above and beyond what the normal meal offerings in the Mensa would be that day," Rick Willis, Director of Athletics and head football coach said.

"That it is in a lot of ways replacing their lunch."

Any student organization and athletic team can have a special meal set up for them in the Mensa if they coordinate with Dining Services and find funding to cover the extra costs, Willis said.

"I like the fact that we can get everyone in and out of the Mensa," Ryan Billings, linebacker for the Wartburg football team, said.

"And by all means, I don't want to be segregated from everybody else or make me feel like we're ahead of anybody at all," he said.

"With how many guys we have on the team for home games, especially with everybody there getting ready for the game, you've got a hundred and some guys going to the Mensa," Billings said.

"It's probably more efficient to have a separate meal than from everybody else."

The team has access to the regular food that is served and also to the additional food specifically for the players.

The line is marked and identified to limit confusion, however, Margaret Empie, Dining Services Director, said sometimes the staff needs to redirect students who do not see the signs.

Geibert said an option to make it more fair to the rest of the student body is to open the breakfast menu to all students and if there is added cost, explain it to the students and how it could affect their meal cost.

"I think Wartburg is a place that supports not only the football team but all of the teams just by people asking 'How's it going?' or saying 'Hey good game last night.' That happens here and that's one thing that makes Wartburg unique," Willis said.

Willis said it's important for people to understand how the system works and that the football team isn't being treated special because any student organization or athletic program can request this service.

Student Senate Minutes

Ashley Lang came and spoke to Senate about the Student Organization process. A complete list of organizations and organizational resources can be found at www.wartburg.edu/orgs.

The names of Senators and their floors are now listed online on the Senate website.

The Wartburg Democrats will be hosting Dave O'Brien on Tuesday, October 15 at 7 p.m. in WBC 117.

OUTFLY?!?!? Maybe it has already happened... maybe it's tomorrow...who really knows?

Social media makes roommate selection difficult

ALISON SCHUETZ *STAFF WRITER*
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The process of matching roommates at Wartburg is no small feat but well worth it, Wes Brooks, Director of Residential Life, said.

First-year students are sent housing cards in the mail that have a questionnaire asking about their preferences when it comes to their sleeping habits, cleanliness, co-curricular involvements and social interaction preferences.

"...we have an obligation to put you in the best position possible."

—Wes Brooks

"My roommate and I have lived together for three years now," Ashley Frush said.

"Sometimes you just get matched up with someone that is tolerant to your habits and you're tolerant with theirs. It may just so happen that you become friends with them too."

Software has been taking a major role in roommate selection, but Wartburg has stuck to the "old fashioned way," selecting pairs by hand, Brooks said.

Both Brooks and Assistant Director of Residential Life Leah Eilers, go through every one of the preference cards to make the best pairs possible, Brooks said.

They collaborate closely with the admissions staff and coaches to find roommate matches as well.

Before entering college, many students may fret about how rooming with an unfamiliar roommate will be.

A study published last year involving more than 1,200 students and conducted by psychology professors at several universities, including Michigan State and Rice, found that roommate conflict was one of the top five reasons freshmen withdrew from school.

"I think that this is your home away from home so we have an obligation to put you in the best position possible to make you comfortable and to be successful as a student," Brooks said. "We would hate to have a student feel like they're in a no-win situation and feel as if they need to leave campus."

However careful the hand selection may be, social media is finding new ways to both enhance and inhibit the roommate selection process.

Facebook has undoubtedly changed the face of housing on college campuses and many concerns come along with it, Brooks said.

"As of right now, I would say that my roommate and I are just not a good match. We don't really enjoy the same things and it feels like we're on a different page on everything," a student who asked to remain anonymous said.

Once students find out who their roommate is, many look to find their social media sites to get some idea of who the person is, Brooks said.

Brooks encouraged students to have an open mind despite what may be posted on the other's social media.

Brooks said Facebook can capture a person very well but other times some of what they post doesn't really resemble who they are.

"We certainly do get more complaints now than we did ten years ago when I started doing this work and in large part because of Facebook and social media, the ability to connect so quickly in a very personal way," Brooks said.

"Other times though, we get compliments on our matches after they've conversed on social media."

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Continuing education after college

RYAN LIDDLE *STAFF WRITER*
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After graduating from a liberal arts college, students are faced with the choice of trying to land a job with a bachelor's degree or continuing their education through graduate studies.

Students have to know and understand if they are ready for graduate school or not, Director of Center for Community Engagement Dr. Daniel Kittle said. They have to realize undergraduate is a time to explore and graduate is a time to become an expert, Kittle said.

"If you are not sure that you have passion for that particular discipline, you probably are not ready for graduate school," Kittle said.

In today's education, there are a lot of adaptive changes going on in terms of what receives credit and what is seen as valuable to employers, Kittle said.

Not every employer is looking to hire someone based on the fact that they have a graduate degree. At times, a graduate degree is not necessary for a student to demonstrate their abilities, Kittle said.

"They are looking for somebody who can adapt, who can critically think and who can communicate well," Kittle said.

For students trying to decide if higher education is needed, the field of study becomes very important, Kittle said. Some fields may require graduate school, while others are solely meant for a bachelor's degree, Kittle said.

The Business Insider looked at a study done by Georgetown Center on Education and the Workforce to compile a list of the ten most useless graduate degrees.

In order to ensure that they do not earn a "useless graduate degree," students have to make sure they know if earning a graduate degree is needed for their field of study.

For example, receiving a bachelor's degree in accounting is as far as employees need to take their education.

If they pass the Uniform Certified Public Account Examination, they are allowed to be certified accountants, Daniel Schmitz, an accounting and business finance major, said.

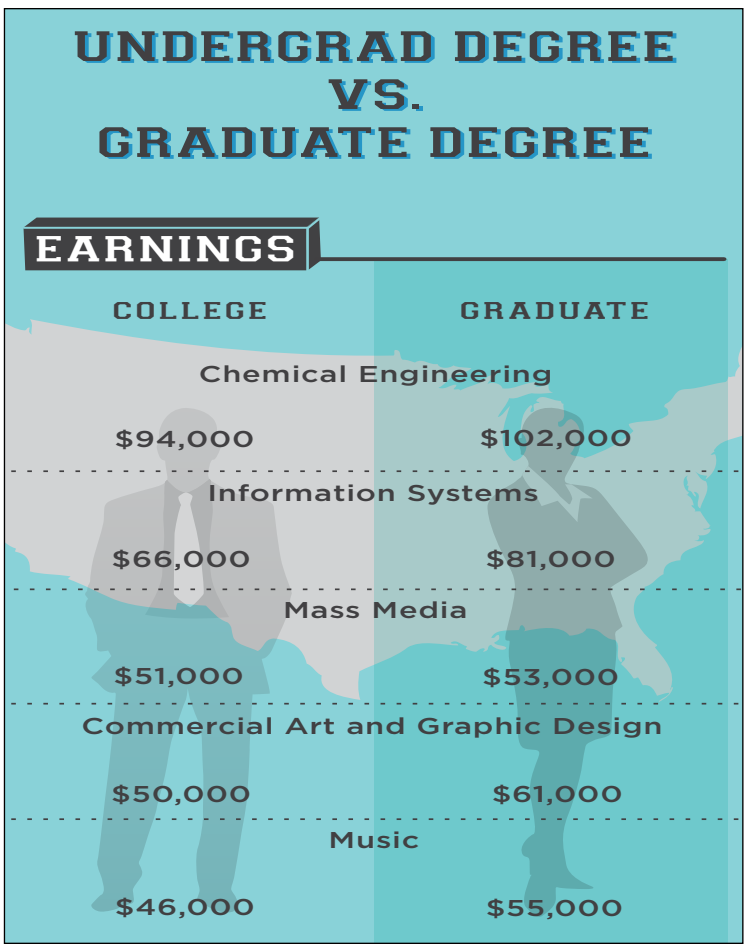
Schmitz does agree that employers are more inclined to hire people with graduate degrees, but there are other essentials to consider when hiring, such as work experience.

In some instances, graduate school is needed for a student because a bachelor's degree alone will not be competitive enough to stand against the strong competition, international relations and German major, Will Rector said.

"With a master's degree, I will have a more specialized education and therefore my employers will be more likely to hire me," Rector said.

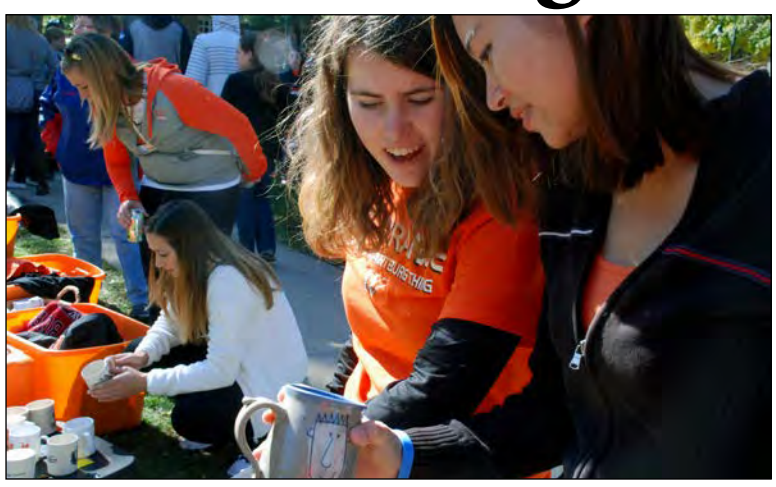
In order to know if graduate school is the right fit, it is important to do research and communicate with people that work in the same field of study, Kittle said.

"Even more so in graduate school than undergrad is that it is a very close relationship between the graduate student and



—Graphic by Sibusiso Kunene/*TRUMPET*

Homecoming fun for some



Students stopped at a booth during the Renaissance Fair Saturday as part of Wartburg's homecoming festivities. —**Caitlin Harbach**/*TRUMPET*

ERIC HILPERT *STAFF WRITER*
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Coronation, football, Kastle Kapers and a pep rally are just a few of the events during Homecoming every year. But some students don't get a chance to enjoy the festivities.

With these events occurring, student's work hours increase, some even by 15 hours, forcing them to balance their social, academic and work life.

The key to balancing Homecoming week is carefully scheduling, Zachary Schrupp, Neumann crew worker and Kastle Kaspers sound engineer said. His schedule is chaotic since he is in the band and Kastle Kaspers, Shrupp said.

"As for social life, I see my friends less; luckily I have some friends that I work with so I get to hang out with them while I work. As for academics, I am definitely up until 1 or 2 o'clock every night working on homework or trying to finish what I haven't finished during the day. I am also losing sleep, but that is a given," Schrupp said.

For Homecoming week, Schrupp said he has been assigned to work six to eleven hours a day.

Hans Pregler, production manager and ticket office manager, told Wartburg President, Darrel Colson, he and his crew would not work on Outfly if it fell during the week of Homecoming, Schrupp said.

"Last year Outfly occurred during Homecoming week and it was very chaotic and stressful for us. Many of the crew members didn't sleep the night before Outfly because they were up late setting up Kastle Kapers, but then had to be up early for Outfly, so they would have gone to bed at two just to wake up again at three in the morning," Schrupp said.

Stephanie Muller, special events student manager, said that she is working around 23 hours during Homecoming week, compared to her normal 10 hours a week.

"People need to learn how to manage their time so that they can work; time management is a big thing during Homecoming, especially in the special events job."

Muller typically doesn't even look at the Homecoming schedule, and she doesn't really even know what goes on during Homecoming since she spends most of her time inside although she does look forward to going to the pep rally.

Schrupp said the Homecoming events were really fun and he was disappointed that he couldn't make it to all of the football game because he was working.

For special events, Muller has to supply and set up the food and snacks for reunion dinners, banquets, buffets as well as delivering to meetings and events around campus.

Muller has to work four hours Friday, 12 or 13 Saturday and six Sunday.

Last year during graduation, she worked 36 hours, including 18 on Friday, so working long days is nothing new, Muller said.

Both Muller and Schrupp said that it is worth sacrificing some of the Homecoming events to do a job they enjoy.

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Tour gives career options

JESSIE HOYNG *STAFF WRITER*
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Wartburg students will board a bus Oct. 22 to tour five Cedar Valley businesses and learn more about opportunities and companies in the area.

Derek Solheim

Derek Solheim, director for career services in the Pathways Center, has been working with Britt Jungck, director of business services and workforce development for the Cedar Valley Chamber and Alliance, to plan and organize this tour for Wartburg students.

This is the first time a tour like this is being offered for Wartburg students.

"The idea behind it is to showcase to talented young college students all the professional opportunities that are available from an employment perspective here in the Cedar Valley," Solheim said.

The tour will visit businesses, including the CBE Group, a debt collecting services company in Cedar Falls and VGM Group, an advertising agency in Waterloo. A bus tour for winter term is also in the planning stages.

"You look at this list right now, and it really represents a wide range of liberal arts majors here, and I hope that's what we duplicate in the future," Solheim said.

"Employers aren't always just looking for a certain major. They're looking for students who have the ability to communicate, the ability to solve problems, people who understand how to work in teams and people who know how to get things done."

Solheim also stressed the importance of using the bus tour as a learning experience. He said not only will students learn about the different businesses with employment opportunities, but students will also get the chance to practice interacting with potential employers and develop their business network.

"You're on the whole time, people are watching you, you're dressed in your professional gear, ties, power suits, binders, all the things that you want to do, and this is your chance to sort of practice," Solheim said.

Students will have the opportunity to tour each company's offices, hand out copies of their resumes and ask questions about the business and the industry.

Even if students aren't necessarily interested in working for one of the companies on the tour, Solheim said the tour still provides them with a valuable opportunity to network.

"We talk a lot of times about the ability for students to develop networking connections, and that's one of the great pieces about this. It doesn't get any easier. We're going to the employers. You get a chance to actually see what they do," Solheim said.

Jessica Bagby is a Wartburg student planning to go on the tour. She said she is going on the tour primarily because she is looking for an internship in the Cedar Valley area for next summer.

"I think after graduation I may stay in the area but I am willing to move elsewhere depending on my job options. If I stay in this area it will be because I found a great job and also because I have family in the area," Bagby said.

Solheim believes there are many great job opportunities in the area and hopes that the bus tour will help show students that.

"It's an initiative to help stop the brain drain in Iowa, to try to keep talented young professionals in the state of Iowa, and show them all the different things that are available."

Letter to the editor

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Recently the Trumpet ran a piece about Wartburg's rankings in US News and World Report. The piece highlighted the fact that Wartburg ranks lower than many of us might hope, particularly compared with other nearby institutions.

A cursory reading of the article would lead you to believe that we all ought to feel a little inferior for aligning ourselves with this institution. What the article leaves out however, is that, a) there are thousands of institutions of higher education in this country and US News chooses to focus on only 400 or so, b) Wartburg College is easily among the top half of those "Prestigious Institutions," and c) the criteria for ranking include things like: endowment income, number of graduates that go on to receive doctorates, full professor salaries, donor giving, average ACT score of admitted student, etc.

Are these the criteria that we care about? No really, think about it. Are these the criteria that we care about?

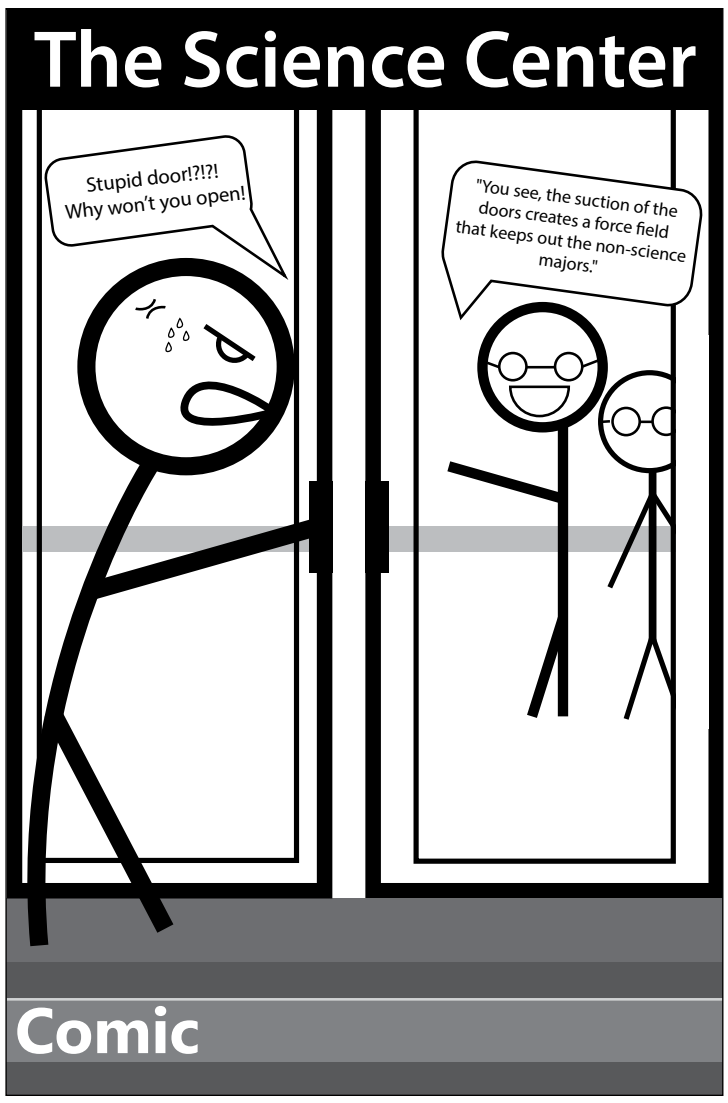
If so we ought to close our Center for Community Engagement and Pathways Center and use the savings to give all of our full professors $10,000-a-year raises. We ought to urge our donors to give money to our endowment rather than giving it for scholarships for inner-city kids hoping for a chance at higher education. We ought to give 35 full tuition plus room and board scholarships to the very best Midwestern high school kids we can, in hopes that they will not only enhance our incoming student academic profile but also our "number of graduates that attain PhDs profile," instead of spreading those financial aid dollars among a variety of students.

Is this really who we are? I think not.

What If the formula used by US News included the number of social work graduates that go on to fight for the poorest and neediest among us? Then where would Wartburg rank? If the formula included the number of graduates that go on to become health care providers in under-served rural communities, while also sitting on city councils or coaching Little League, and not neglecting their own families, then where would Wartburg rank? If the formula included the number of International students that take an education, a set of marketable skills and a service orientation back to their countries, then where would Wartburg rank? If the formula valued future teachers that will raise, rather than merely maintain, the educational standards of this country, then where would Wartburg rank?

Wartburg College seeks to train young people from (mostly) humble backgrounds for lives of meaning within, and outside, their own communities. We expect our graduates to serve these communities, and when called upon, to lead them. Are we doing this? Yes, we are.

Is that fact reflected in US News and World Reports rankings? No, it isn't.



— **Ta'Mone Williams**/*TRUMPET*

Choice Tweets

@WartburgProbz edition

- My ceramics professor licked swatches of clay tonight in class. #dedication #artsyfartsy
- Soccer beat Loras, Football crushes Simpson, Golf conference champs, XC is always dominant...Is Wartburg bad at anything?
- Got to class and my teacher emails us saying he won't be there, so we have to self-teach each other.
- #ThatMomentWhen you have three blankets on, and you're still freezing because Wartburg has yet to turn on the heat. #manorsprobs
- Just love knowing I'm going to have to restart the dryer at least three times to even dream of my jeans being dry. #WartburgProbs
- I'm pretty sure I just saw someone walking past the Res lounge window wearing a horse head mask. #WartburgProbs
- Half the handicapped buttons on campus don't work from the overuse of non-handicapped people. #WartburgProbz
- Not being able to watch the Bears game because we don't have NFL network.
- People and their goofy longboards, I tell ya what. #WartburgProbs

Choice Tweets is dedicated to the (truthful?) expression of the students, faculty, staff and alumni of Wartburg College. Want to share your thoughts, observations or wisdom? Serious or delirious, it's time that you're heard! Tweet #choicewords at @wartburgtrumpet to see your thoughts here! You can also submit Choice Words on The Circuit at wartburgcircuit.org/choicewords. The Trumpet reserves the right to censor inappropriate and libelous comments.

International students and others face culture shock

HELEN LEONG
DIRECTOR OF INTERNATIONAL STUDENT SERVICES
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As we move further into the semester, we enter the phase of cultural adjustment called "culture shock."

For many new students, that may have happened last week or may be happening this week. This is a normal reaction to drastic changes in where and how you are living.

I still remember my lowest point when I was studying in Finland as an international student.

In Finland, the washing machines were paid for with cell phones. They did not take cash or coins, and so after three weeks of washing my clothes by hand, I wanted to use the washing machines.

After a disappointing visit to the bank to try and get an account set up so that I could purchase a cell phone, I was standing in the train station near my flat and I couldn't open the door. I was standing there, almost in tears, frustrated with everything that was Finland. I stood looking at the door in front of me and I could not see how to open it.

Suddenly, it was just too much and I began to angrily yell at the door about how silly Finland was and why didn't all the doors open the same in this silly country. Luckily, no one was around. But I still think of that moment and laugh.

I had a wonderful time in Finland and I am still fond of Nokia phones and Marimekko prints because of my experience. Culture shock is something that everyone experiences at one time or another.

If you are feeling that way, take a walk on the Rail Trail or visit a playground. Give yourself a chance to get some fresh air and take a break.

Before you know it, these frustrations will just be a fond memory.

International students can participate in Iclub to interact with other students that are experiencing cultural changes. Anyone can join Iclub to learn more about different cultures. — **Courtesy photo**

TRUMPET

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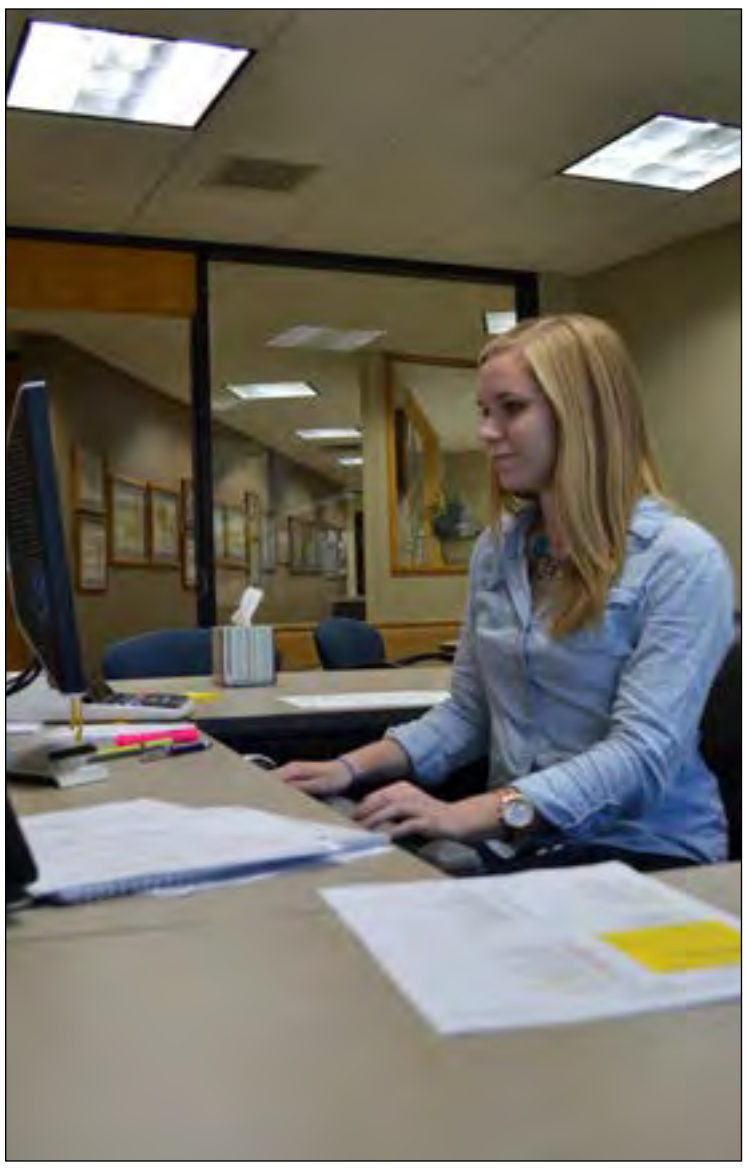
Opinions expressed in the Trumpet are those of the editorial board and are not necessarily representative of the opinions of the administration, faculty or staff at Wartburg College.

Letters to the editor are subject to editing without changing the meaning of the letter. Authors will not be notified of changes prior to publishing. Letters must be signed, fewer than 250 words, submitted by 9 p.m. Thursday and related to current issues in the Wartburg community. Letters may be sent to the communication arts office or emailed to wartburgtrumpet@gmail.com. Please type "Letter to the Editor" as the subject line. Publication is at the discretion of the editor.

Experience is key for the future

College encourages students to gain work experience while in school to prepare for graduation



Jacklyn Budding, an accounting intern at Waverly Light and Power, concentrates on finishing a financial form during work. — **Amara Thein**/*TRUMPET*

AMARA THEIN *STAFF WRITER*
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When it comes to landing a job after graduation, experience is key to standing out from the rest of the competition, Jacklyn Budding, student intern at Waverly Light and Power, said.

Internships help students gain independence, professional skills and meaningful work experiences that make a difference to future employers, Jo Dorrance, Wartburg's internship and Wartburg West coordinator, said.

"There's a cycle of not being able to get the experience you need because you don't have experience," Budding said. "Internships that you can get through school are a really great opportunity to get past that hurdle."

There are certain majors at Wartburg that are required to complete internships or similar learning experiences, such as field experiences and student teaching.

Students from all areas of study benefit from out-of the-classroom experiences to build their skills and their résumés before graduating, Dorrance said.

"An excellent GPA, while still important, is no longer enough by itself to set students apart," Dorrance said.

"I tell students to do as much as they can to build a strong résumé."

Companies today are looking for students who demonstrate the "whole" balanced student, Dorrance said.

Work experiences, campus involvement and community service commitments on résumés are very valuable demonstrations of students' work ethic and their understanding of balancing commitments, Dorrance said.

Wartburg West and study abroad opportunities are also desirable experiences to include on résumés, Dorrance said.

Wartburg West provides students with an urban setting with a wider range of companies and cultural opportunities, while learning under the safety net of the college.

"Students tell me Wartburg West was the greatest thing they did while they were at Wartburg. It changed their life," Dorrance said. "You just can't get that kind of experience in Waverly that you'll get in Denver."

Students need to be thinking about internships as their next step in personal and professional development, Dorrance said.

Budding said her accounting internship has improved her accounting knowledge, professional skills and helped her build relationships in the work place.

"It's really rewarding to see how the things we learn in class are actually applied," Budding said.

"The other employees are always open to questions. I'm not only getting experience, but they're teaching me."

Many Wartburg students complete internships during their third or fourth year of study but it is important for students to begin planning at the beginning of their first year, Dorrance said.

This ensures that students have completed enough upper-level courses in their majors to have the necessary skills to be productive student interns.

Dorrance also encourages students to work with their academic advisers to decide when it would best fit into their four-year plans and to find internships through the help of faculty and staff.

Students can also find internships on their own or through the Career and Internship fairs.

If students would like help organizing an internship, Dorrance encourages them to meet with her at the beginning of the term previous to the term they wish to intern.

She will discuss with students their interests within their major, desired location or company and help prepare résumés to secure desired internships.

Students interested in internships can contact her at jo.dorrance@wartburg.edu to set up an appointment.

Students make a difference through Water to Thrive

SARAH BORAAS *KNIGHTLIFE EDITOR*
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Students and faculty interested in Water to Thrive filled McCoy West Thursday, Oct. 10 for a presentation by Wartburg alumnus and founder Ed Scharlau and students who are involved.

Water to Thrive is a nonprofit organization that provides clean, safe water to those in need, funding around 400 wells and serving around 170,000 people in Africa.

An estimated 65 million of the 84 million Ethiopians have little access to clean water and much of their lives are centered around retrieving usable water, Scharlau said.

"What a simple, compound chemical water is and how wonderful it is that it has the ability to solve so many problems in our world," Scharlau said.

Scharlau said the organization has made steady growth in the past three years in well building and student involvement.

Wartburg seniors Aman Gebremariam and Sibusiso Kunene also talked about their experiences through the organization this summer where they implemented a $10,000 Davis Project for Peace grant to build two wells in Ethiopia.

The Davis Grant Foundation gives 100, $10,000 grants annually to undergraduate and graduate students interested in making a difference in the world and promoting peace.

"We started out wanting to use the money to help eradicate malaria by buying mosquito nets and educating the communities affected but decided to make water our major focus," Kunene said. "It's more essential and affects so many people in Africa."

Besides building wells for clean and more available water, Gebremariam and Kunene also worked with villagers to reduce the rates of waterborne diseases and personal hygiene.

"This experience was a stepping stone for me towards a future career in public health and was an amazing opportunity to spend time helping people and serving a community," Gebremariam said. "This project just leads to so many other opportunities for my future."

The non-profit is encouraging growth through presentations and forming campus student organizations throughout the United States.

Sophomores Meghan Parman and Liz Shull are currently working on forming a student organization for Water to Thrive on Wartburg's campus and are encouraging students to sign up through class presentations and a petition.

The purpose of the club will be to inform, educate, help fund future wells and reach out to the student body and community on this need, Scharlau said.

"Our philosophy as an organization is based on the concept that when we serve people, we feel better inside and are filled with purpose," Scharlau said.

"Our hope is that we inspire others to continue making a difference in this world and in the lives of others," he said.

Wartburg seniors Aman Gebremariam (left) and Sibusiso Kunene (right) funded the construction of two wells in Ethiopia last summer to provide clean water for those in need. — **Submitted Photo**

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The group behind the numbers

Admission counselors balance work and personal lives

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During admission counselor Tony Smith's first high school visit last fall he had a police officer called on him after handing his ID over to someone at the school.

All of this was because there was another person named Anthony Smith on a flagged list who was not allowed within 500 feet of any high school in Illinois.

This is just one story that has gotten passed around Wartburg's Admissions office.

Mallory Luensmann, assistant director of admissions, said some of the questions they are asked or the emails they are given by potential students can be a little crazy and possibly even inappropriate at times.

While each admission counselor has an area assigned to them, it is a team environment, Tara Winter, director of student recruitment, said.

"We all have our individual goals but all that matters is we get all the right students to come to Wartburg," Winter said.

Winter is in her 11th year of working in admissions. Winter, an alumna of Wartburg, worked in the Admissions office when she was a student.

Luensmann is another alumna of Wartburg who found her way back after graduating.

Both Winter and Luensmann started off their careers in admissions at other schools but said they wanted to return to Wartburg.

Admissions counselors cover different areas, but they still believe in a team environment. A counselor will meet with another counselor's student regardless of where the student is from. — **Submitted Photo**

Because she loved the experience she had while attending Wartburg, Luensmann said she wanted to help other students potentially have that experience as well.

Tony Smith did not attend Wartburg but visited the school when he was in graduate school.

"Since that day I have been drinking the orange Kool-Aid and absolutely loving it," Smith said.

With the amount of traveling admission counselors do, it can be difficult to balance work and personal life, Smith said. Winter said balancing is a little easier for her because her husband works as a football coach and her daughter has grown up at Wartburg.

However, Natalie Smith, associate director of admissions-transfer recruitment and operations, said she likes the travel time.

"It's refreshing. It actually gives me time in my life to sit down and think and go through what I need to do," she said.

Working in admissions at a small school allows counselors to form closer relationships with their students, Smith said.

However, this can sometimes lead to tears when a potential student decides not to attend Wartburg.

Luensmann said she has gotten what she describes as "break up" e-mails from potential students before and those are one of the toughest things about her job.

"It breaks your heart because you have worked with them so long and want them to come so bad, but then at the end of the day we have to realize they need to go to the right place for them," Luensmann said.

Winter said it is tough when a person decides not to attend Wartburg when she knows they are meant to be a Wartburg student.

However, when a student decides to attend Wartburg those in the office all celebrate.

"When someone sends in their deposit it is a party in here," Winter said.

Luensmann said when in the mail room, they sometimes hold up the envelope to the light to determine if there is a check inside.

Seeing someone from start to finish is one of the most rewarding aspects of her job, Winter said.

Tony Smith said everything comes back to the relationships he forms with his potential students

"They are students. They aren't numbers especially here at Wartburg," Tony Smith said.

Forensics team joins cause to play games to save lives

JESSICA GRANT *STAFF WRITER*
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You do not have to be a superhero, a firefighter or even a doctor. All you need to do to save a child's life is play games.

Gabrielle Morse (left) and Andrew Tubbs (right) discuss their fundraising goals for the upcoming Extra Life gaming marathon the forensics team is hosting. — **Jessica Grant**/ *TRUMPET*

Wartburg College Forensics is raising funds for The Children's Miracle Network by hosting a 25-hour Extra Life gaming marathon. All of the funds will go to a local hospital to help save and improve the lives of children, David Brennan, the forensics coach, said.

The marathon will begin Sunday, Oct. 20, at 7 p.m. in Room 134 of the Communication Arts Center.

"We'll be playing not only video games but board games and card games and just having a fun time raising money to help some kids with cancer," Jessica Donahue, the president of Wartburg Forensics, said.

The team's goal is to raise $1,000. They hope to go above and beyond that if possible, Brennan said.

Brennan added an extra personal incentive.

"If I raise $500 on my personal page, I will be dyeing my hair Wartburg orange through Halloween," Brennan said.

He said if he personally raises $1,000 he will be making a "crazy, horribly embarrassing" video to a song.

Faculty, staff, students and community members are all invited to attend the gaming marathon. They are also encouraged to collect donations for the cause from friends and family or contribute funds themselves.

People are not expected to attend the entire marathon, Donahue said. They can drop by to play a game or make a donation, she said.

Gabrielle Fox, a member of the forensics team, said the purpose of the Extra Life gaming marathon is to raise awareness and funds for the cause.

Brennan said the forensics team had the option of choosing which children's hospital would receive the funds.

"We chose the closest Children's Miracle Network Hospital, which is the University of Iowa Children's Hospital.

The forensics team does not receive any of the funding," Brennan said.

This is the sixth year the Extra Life gaming marathon has been in existence, according to the Extra Life website. However, this is the first year Wartburg Forensics has been involved.

Brennan said the forensics team has done events for the campus and the community in the past. He said he thought the Extra Life gaming marathon would be a great way to get people excited about a very important cause.

The five members of the forensics team have all made goals of raising at least $100 through online donations. Donahue said she has been struggling to find donors.

"I think what people don't understand is that it doesn't have to be $25. Just don't have coffee on Monday and give $3 back to kids with cancer," Donahue said. "Why not help kids?"

To donate online, visit www.extralife.org and search for the Wartburg College profile.

Jacobsmeier, Steggall lead win over Beavers

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Brandon Steggall has been a part of quite a few Homecoming football games in Waverly. He made his last homecoming the most special of them all.

The Waverly native caught a career-high eight passes for 118 yards and three touchdowns as Wartburg held off Buena Vista 37-29 Saturday before 3,501 people at Walston-Hoover Stadium.

"This one was definitely special," said Steggall, who has battled injuries in his Wartburg career before moving into a starting role this season. "Our team opened up the opportunities and we knew we'd had a lot the whole day. I just happened to be in the right place at the right time."

Head coach Rick Willis was happy to see Steggall's hard work pay off. Steggall also caught a TD pass on the first play from scrimmage in the Knights' 34-24 win over Simpson last week.

"He's a guy that's been working hard here for a long time and has battled through some injuries in some other years and I'm excited for him that he's having that type of success because he deserves it," Willis said.

All three of those touchdown passes came from Taylor Jacobsmeier, who for the second straight week took the majority of the snaps at QB despite not starting behind Logan Schrader.

Jacobsmeier also had a career day, completing 16-of-26 passes for 232 yards and a touchdown. He added more than 100 yards rushing (105) for the second straight week, once again keeping the Wartburg offense moving.

Quarterback Taylor Jacobsmeier had 341 yards of total offense against BV on Saturday — **Sports Information**

He found Steggall for an eight-yard score that gave Wartburg a 6-0 lead just 3:55 into the game after Ben Seitz muffed a punt deep in his own territory.

Seitz made up for that mistake by taking a hard hit in the endzone and hanging on to a 10-yard touchdown grab with 5:01 left in the first to give BV a 7-6 lead.

The Beavers scored a touchdown in each quarter and the first three times, the Knights responded.

Michael Bohlke kicked a 32-yard field goal early in the second quarter and Jacobsmeier connected with Stegall for three yards with 2:40 left in the half to give Wartburg a 17-14 halftime advantage after a two-point conversion.

"I think the big thing was the offense was able to answer. When BV made runs or had some momentum, the offense was able to get the momentum back for us," Willis said. "That was big."

Jacobsmeier ran in a two-yard score in the third and after the Beavers cut the lead to three late in the third quarter, Steggall made his biggest play of the game.

Jacobsmeier found him in the flat near the BV 40-yard line where he broke multiple tackles and cut back up field and into the endzone for a 43-yard touchdown that put the Knights up 30-21 with 11:31 left.

"I was thinking I was gonna get the ball and once I caught it I saw a linebacker running at me," Steggall said. "Me being in that situation, I just needed to make the most of it."

Schrader, who was 3-of-8 for 17 yards, a TD and a pick, came in the game after Jacobsmeier nicked up his arm after being tackled out of bounds and threw a 10-yard touchdown pass to Donald Miller to put the game nearly out of reach with 6:58 to play.

Bobby Brown found Adam Cave for an 11-yard score on the Beavers' next series but they took 5:01 off the clock and Wartburg was able to run out the rest of the time.

The Knights moved to 4-1 overall and sit in a three-way tie with Dubuque and Coe for first place in the Iowa Conference. Buena Vista is 0-5 and 0-2 in the conference, losing its first game to an unranked opponent Saturday.

"I think they (Buena Vista) deserve a lot of credit for the way they're continuing to battle and I'm proud of the way our guys hung in there and kept fighting too," Willis said.

Wartburg racked up 449 yards, including 230 on the ground and Brandon Domeyer ran for a season-high 101 yards.

"I thought we had some guys step up and make big plays," Willis said. "Better rushing efficiency than we've had."

Penalties cost Wartburg's defense early in the game.

An offsides penalty on a BV field goal attempt gave them a manageable 4th-and-3 attempt and Brown found Cave, who led the team with 11 catches for 133 yards and two touchdowns, for five yards, leading to Brown's TD pass to Seitz.

Then on 3rd-and-9 in the second quarter, a Knights' pass interference gave the Beavers an automatic first down and Brown found Jay Nissen for a 20-yard touchdown pass four plays later to put BV up 14-9. Wartburg was penalized seven times for 66 yards.

"We gotta improve on our execution," Wartburg defensive end Martin Hyatte said. "The thing is we had everything rigged up, we had plans for everything. It's just we gotta make sure we're executing our plans and getting were we need to be."

The Beavers gained 323 yards and Brown was just 17-of-37 for 227 yards and an interception but also four touchdowns.

Wartburg's offense made big plays, though, and the defense stepped up when it was needed, including an interception by Spencer Capitani on the first BV series after Steggall's 43-yard TD catch.

Hyatte also had two of the Knights' four sacks while linebacker Will Janssen led the team with 10.5 tackles.

Wartburg's offense is now averaging 35.5 points per game in IIAC play heading into a rivalry game at Luther (2-3, 1-1) next week.

"Our goal overall is to win the IIAC and go on further," Hyatte said, "and the only way to guarantee that is to win every conference game."

Soccer edges Dutch

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The Wartburg women's soccer team (6-7-1, 3-1-0) got a much-needed Iowa Conference win as they defeated Central (9-4-1, 1-2-1) 2-0 Saturday.

The match began with little scoring. That quickly changed after a score by Wartburg's Ashley Frush in the 26th minute of action.

Dutch goalkeeper Sydney Lunardi made a diving save on Frush's initial shot, but Frush was immediately there for the putback to give Wartburg a 1-0 lead.

Central had their chances with three total shots just missing the net. Dutch coach Mike Kobylinski said that was the toughest his Central team has played Wartburg in his time coaching at the school.

A late goal by Lauren Bauer in the 87th minute of play, put the match out of reach as Bauer knocked in a header to put the Knights up 2-0.

The women's soccer team continues play next Wednesday, Oct. 16, as they travel to Rock Island, Ill. to take on non-conference opponent Augustana College.

Coaches look to captains to show leadership

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As head men's soccer coach Kirk Artist stood on the sideline, he watched his captains lead the team in stretches, a task they've been doing for over half a season now.

Captains are the guys that he remembers the most. They make an impact, said Artist.

Leadership becomes a skill these captains learn to become comfortable with. Team captains are thrust into a position where they gain leadership skills, Artist said.

"You are under a microscope when you are captain. Everything makes an impression on your teammates, coaches and everyone else who knows that you are captain. You have to pay attention to what your actions and words do," Jordan Spires, a team captain for Wartburg's football team, said.

"We pick one guy from each grade that is committed, competitive, a confidence builder, a team builder and an enforcer and from there the players vote," Artist said.

With these characteristics in mind, student-athletes are assigned their role as a team captain. Captains are held to a higher standard of course, Michael Bohlke, a Wartburg football player, said.

"Sometimes the choices are so obvious who leads your team and who people follow that the decision is easy," Bohlke said. "They just need to be given the responsibility that comes with being a captain to reach and maximize their potential."

Wartburg's men's soccer team huddles together during their game against Buena Vista University at half time as the coaches and captains give them instructions. — **Ali Schuetz**/*TRUMPET*

The study "An Exploratory Study of the Role of Task Dependence on Team Captains' Leadership Development" examined athletes who participated in Division III athletics. The study found that team captains utilize five leadership practices: model the way, inspire a shared vision, challenge the process, enable others to act and encourage the heart more frequently than team members.

"A good captain leads by example but also knows what to say and when to say it to motivate the team. They have to be able to push the team beyond its comfort zone if that team wants to accomplish its goals," Spires said.

The vision of team captains being primarily seniors is starting to fade. In the "Exploratory Study" article, leadership practices were not significantly related to GPA, gender, ethnicity, age, academic background or year in school across a variety of collegiate student populations.

"I want the team to pick who they feel make up all the characteristics of being a team captain, so age really isn't important to me," Artist said.

Being a team captain for a collegiate team requires a lot of work and growth, but also has the potential to build one's future, Spires said.

"The leadership, communication, decision-making and discipline that is developed though being a captain will help me to be better at a task or job than someone else would be," Spires said.

At the end of each student-athlete's collegiate career they carry with them memories and records. Artist believes, team captains have much to think about and bring to their futures.

"By the time you're done as a captain, you do a ton of self-reflection of what you're good at, what your weaknesses are because you're constantly magnified. It also builds confidence. They have the capability to move forward and know they can lead others in different endeavors."

ALMOST PERFECT

No. 2 ranked women's XC wins home meet with 17 points

ALYSSA NOBLE *ASST. SPORTS EDITOR*
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The No. 2 ranked Wartburg women's Cross Country team won its Dan Huston Invitational with 17 points Saturday.

The Knights came up two points shy of a perfect score and were led by Sammi Bruett, who took first place overall with a time of 21:59.

"Sammi is a top five runner in the nation so there are very few people, even in the Division I level there's only a few, and very few Americans in the state of Iowa and the Midwest in Division I level that can run with her," head coach Steve Johnson said.

Bruett felt the home crowd provided a different atmosphere than in other races.

"The crowd here is amazing. We have the track people here, the wrestlers here, all our parents and people for homecoming so it was a way different atmosphere than I'm used to."

The Knights also took the second, third, fourth and seventh place finishes.

Erin Sawyers had a time of 22:45. Right behind Sawyers was Haddie Vawter with a time of 22:53. Following was Serena Goetzl at 23:03. The last scoring Knight was Lauren Mapes with a 23:38.

Sammi Bruett runs the Dan Huston Invite at the Max Championship Cross Country Course on Saturday. Bruett won the individual title and helped her team claim first place as well. — **Alyssa Noble***/TRUMPET*

"Middle of the group on the women's side there was some really good performances in there with people moving up, so that was nice," Johnson said.

Other Knights runners include Junior Elli Parker, with a 10th place finish and a time of 23:50 and Morgan Gerdes coming in next with a 23:59.

"The women's team is really good," Johnson said. "Times were good and they were racing well, so that was kind of fun."

Alana Enabnit, one of Wartburg's top runners, did not run due to an injury.

Bruett has set her goals high for the remainder of the season.

"Keeping my miles high, and keeping the team focused so we can keep doing our thing for the rest of the season."

The Knights race at UW-La Crosse this Saturday.

Training days pay off

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The last half-mile stretch of 220th St. three miles west of Wartburg College is normally only used by a tractor or two.

But one warm October day, it was the training site for two of the best cross country teams in the nation.

They call it West Hill, a gradual half-mile climb on the quiet gravel road surrounded by grain bins and corn fields.

It's a chore to run up the not steep but slowly inclining hill at near race pace, let alone do it seven times.

"It's a doozy," senior captain Sam Read said. "It takes awhile to get you tired but on the fourth or fifth hill it starts wearing on you and the last ones are pretty bad."

That's what the 2nd-ranked Wartburg women and 20th-ranked Wartburg men know they have to do to compete nationally.

Head coach Steve Johnson said his team's workouts, not just West Hill, are some of the toughest in the nation.

"From what I here, we do a lot more," Johnson said. "They need to be able to sustain a gut-wrenching pace for 25 to 30 minutes. And they don't get timeouts and they don't get breaks. There's a physical and a mental aspect to that that puts high demands on the training."

It's what has made Wartburg so successful. The women have won two straight Iowa Conference championships and four of the last five. They'll try to repeat or better their runner-up finish at the NCAA Championships in November.

"It is crazy right now but we haven't faced off some of those tougher, eastern schools so we gotta stay humble but confident," said junior Alana Enabnit, who placed seventh at the NCAA Championships last season to lead the Knights.

The men, meanwhile, are looking to get back to their glory days when they won eight straight conference titles from 1998-2005.

As the highest ranked team in the conference, they're well on their way to perform better than a fourth-place finish at the conference meet last season.

"We have an entire team of guys bought into what we're doing and every day, one person is giving just as much as the guy in front," junior Chase Moser said. "Nationals is the goal this year and I think that the steps we've been taking in workouts are gonna get us there."

Enabnit said visualizing the national meet at the end of the season is what helps drive her running up West Hill along with the motivation from her teammates.

"You don't want to let them down because you feed off of each other," Enabit said. "If you're breaking down, chances are someone behind you is gonna want to give up too. That's keeping me going."

That attitude is consistent among the rest of the runners and Johnson said it's what makes the workouts successful.

"They're not settling for second place," Johnson said. "It takes a serious amount of stress and a serious amount of hard work. You wanna be special, you gotta do something special."

Sam Read sprints past an Augustana runner at the Dan Huston Invite on Saturday. — **Alyssa Noble***/TRUMPET*

The team knows their workouts are tougher than the meets and that gives them confidence when they toe the line on race day.

"All 30 of us are dying almost every day trying to do that workout," Read said. "When we get to the line, we just know it's gonna be easy. We just step off the bus and we roll."

The motivation is evident at Wartburg's practices.

As freshman Zach Marpe ran down the hill near the beginning of his workout, Johnson shouted, "Are you gonna keep running like an old farmer?" referring to Marpe's arm motion.

"No, coach," Marpe turned around and yelled back as he prepared himself for another grueling run up West Hill. "I'm going to run like a champion."

Men's XC takes second at home

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The 20th-ranked Wartburg's Men's cross country team took second place by one point at its Dan Huston Invitational on Saturday.

The ISU Running Club won with 53 team points and Wartburg came in with 54.

The men held off No. 31 Augustana (Ill.) by six points for third.

The Top Knight finisher was Sam Read with a time of 25:43.

Read fought hard in the final meters to overcome another runner and earn his second place finish.

"We were working on finishing and not worrying about the emotional part of the middle of the race," Johnson said. "All that matters is what happens in the end."

The next Knight to cross the finish line was Chase Moser, who placed eighth in 25:59.

Not even a full second after Moser was Ryan Kloberdanz in the same time of 25:59.

The Knights then claimed the 17th, 18th, 19th and 20th spots, all within five seconds of each other.

"The second group of men ran really well. The front group drew them out," Johnson said.

First came Ryan Hermsen at 26:40, then Kevin Whaley in 26:41. Two seconds later was Senior Derek Beuamier and a second after that was Adam Best.

"We were working on quite a few things today, and they did really well," Johnson said. "It was a good day."

Wartburg races at UW-La Crosse this Saturday.

WEEKLY SCHEDULE

Tuesday
Volleyball at Luther (7:30 p.m.)
Wednesday
W Soccer at Augustana (7 p.m.)
Friday
Vball vs UW-W (4 p.m.)*
Vball vs Ill. Wesleyan (6:15 p.m.)*
Saturday
XC at UW-La Crosse (10:30 a.m.)
Football at Luther (1 p.m.)
W Soccer at Dubuque (1 p.m.)
M Soccer at Dubuque (3:30 p.m)
**=Volleyball Games at Coe*

VOLLEYBALL SWEEPS BV

The Wartburg volleyball team defeated Buena Vista 25-15, 25-12, 25-16 Tuesday night to remain unbeaten in IIAC play.

Maddie Forsyth led the way offensively for the Knights, collecting 11 kills. Ramey Sieck and Kelly Niemann chipped in with six kills apiece.

Defensively, the Knights held the Beavers to a .093 hitting percentage while racking up 12 service aces.

The loss for the Beavers drops their record to 12-7 overall and 1-3 in the IIAC.

With the sweep, the Knights have now won their last 33 Iowa Conference regular season sets. Wartburg is now 16-8 overall on the season and will return to action next Tuesday on the road to face rival Luther.

That game starts at 7:30 p.m. and can be heard live on 89.9 KWAR and wartburgcircuit.org.
—*Seth Nutting*

MEN WIN EIGHTH STRAIGHT

The No. 15 ranked Wartburg men's soccer team won 2-0 over Central (6-6-1), in Pella on Saturday.

The men are now 10-2-2 overall and 4-0-0 in the Iowa Conference.

The first goal of the day came in the 9th minute from Dan Nadeau to give the Knights an early lead.

The next goal came much later in the game in the 53rd minute Zubeen Azari put Wartburg up 2-0.

Wartburg outshot Central, who had no shots in the first half, but attempted eight in the second.

The Knights had a total of 14 shots in the game.

Wartburg defeated Bethel 2-1 in a non-conference game Sunday to extend its winning streak to eight games, dating back to Sept. 21.

The Knights went down 1-0 early but second half goals from Zubeen Azari and Paris Martins gave them the win.
— *Alyssa Noble*

ONLINE SPORTS COVERAGE

Go to wartburgcircuit.org for extended sports coverage.

See highlights of the women's soccer, volleyball and football games as well as the Dan Huston Cross Country Invite.

You can also find more photos of the cross country meet and Iowa Conference football, volleyball and soccer standings.